

## Roasted Potato Wedges

**Yield:** about 24 (3 oz) servings

Ingredients	Measure		Nutrition per Serving	
	24 –1 cup (3 oz)			
Med-Diet® Tumble N' Bake Crispy Coating Mix	6 oz (1 2/3 cups)		Calories	110
Olive oil	1 oz (2 Tbsp)		Total Fat g	2.5
Potato wedges	4 ½ lb		Saturated Fat g	.5
			Cholesterol mg	0
			Sodium mg	10
			Carbohydrate g	20
			Fiber g	1
			Sugar g	1
			Protein g	2

### Preparation

1. Heat oven to 425°F. Coat sheet tray with olive oil.
2. In large bowl, whisk together Tumble N' Bake and 2 Tbsp oil until blended. Add potatoes; toss to coat well.
3. Transfer coated potatoes to baking sheet. Bake 30 minutes or until potatoes are fork tender. Serve hot.

### Product Information

Product	Case Pack	Yield	Product Code
Med-Diet® Tumble N' Bake Crispy Coating Mix	12 – 16 oz	760	1561448